

**Please wash your hands**  
=>before and after your visit.  
Dry them with paper towels!

If you need to cough,  
cough into your sleeve or  
the crook of your elbow.

Thank you for your concern.  
For more information...

visit:



[ontarioseniors.blogspot.com](http://ontarioseniors.blogspot.com)  
[www.jilks.com](http://www.jilks.com)